



Equipment for Hockey

- Helmet – with protective cage
- Neck Guard
- Shoulder Pads
- Elbow Pads
- Hockey Pants
- Shin Guards
- Hockey Gloves
- Skates
- Jock/Jill
- Stick:(Rule of thumb:
Cut stick height at nose
off skates and chin on skates)
- Hockey Tape for stick(blade and top of stick)
- Clear hockey tape(if your equipment has no velcro)

Pre-Season:

- Hockey Jersey
- Hockey Socks

