



Development Clinics 2018



SEPTEMBER 26
OCTOBER 3, 10, 17, 24
NOVEMBER 7, 14, 21, 28
DECEMBER 5, 12, 19

TOTAL HOCKEY Clinic

When: Wednesdays, 6:00 pm – 7:00 pm
Where: Westwood Arena

TOTAL HOCKEY Clinics will include:

- Power skating exercises
- Puck control drills
- Shooting practice

Practices are designed to improve hockey skill development via repetition and correction.

IMPORTANT DETAILS

COST: \$125 for 12 Sessions (card) or \$15.00 for a single session (drop-in)
\$125 for team reservation*
Payment can be made in cash or cheques payable to: "Hockey West Island"

ACCESS: Card can be used at either of the S.P.E.E.D. and/or TOTAL HOCKEY clinics

REGISTRATION: No advance registration required.

HOCKEY LEVEL: Novice - Atom - Pee-Wee - Bantam

*To make a team reservation or for more information contact: Patrick Niiya (pat_niiya@hotmail.com)