



Development Clinics 2019



JANUARY
9, 16, 23, 30

FEBRUARY
6, 13, 20, 27

Advanced TOTAL HOCKEY Clinic

When: Wednesdays, 6:00 pm – 7:00 pm
Where: Westwood Arena

TOTAL HOCKEY Clinics will include:

- Power skating exercises
- Puck control drills
- Shooting practice

Practices are designed to improve hockey skill development via repetition and correction.

IMPORTANT DETAILS

COST: \$65 for 5 Sessions (card) or \$15.00 for a single session (drop-in)
\$125 for team reservation*

ACCESS: Members of HWI

REGISTRATION: No advance registration required.

HOCKEY LEVEL: Novice (2nd year) - Bantam

*To make a team reservation or for more information contact: Patrick Niiya (hwi-vpadmin@hockeyqwestisland.org)