

HOCKEY **Lac St-Louis**

ADMINISTRATIVE RULES



REGIONAL LEAGUES & SINGLE LETTER LEAGUES

2021-2022 Season

Growing through hockey

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1. WELCOME

We are pleased to submit the administrative rules of the Hockey Lac St-Louis Region for the season 2021-2022.

It includes all those of the regional League and the four single letter leagues of the region.

As a representative of Hockey Quebec, we believe it is very important to consolidate all regulations governing minor hockey under one identity in order to promote one interpretation of the rules of the game of hockey in our region.

We count on your support and cooperation in the implementation of these regulations.

Thank you to everyone and have a great 2021-2022 hockey season!



Jean-Pierre Fortier
President
Hockey Lac St-Louis

2. LEAGUES REPRESENTATIVES

Regional leagues representatives

Jean-Michel Martel : jm.martel@hockeylsl.ca

Single letter leagues representatives

Ligue Trente Ouest: Erick Faubert efaubert@oricom.ca

Ligue CHL: Dion Shea dion.c.shea@sympatico.ca

Ligue EHL : Jean Georges jeangeorges767@yahoo.ca

Scheduler

Ligue simple lettre trente-ouest : claud.guerard@outlook.com

Ligue CHL: Butch Kennedy bkscheduling@outlook.com

Ligue EHL : Raymi Gelineau raymi@achcl.ca

Leagues' Web sites

Ligues Régionales : www.hockeylsl.ca

Ligue simple lettre trente-ouest : <http://www.lhbt1.ca>

Ligue CHL : <http://bk-scheduling.com/page04.html>

Ligue EHL : www.ehl.club

IMPORTANT: In the event of a dispute, the French version of the rule book will be the official document.

3. GENERAL RULES

3.01 PRINCIPLES

This rule book applies to the regional hockey league of the Lac St-Louis Region.

The following sections of the regional and single letter hockey leagues of Lac St-Louis Region rules and regulations are an addition to or clarifications of Hockey Quebec and Hockey Canada rules and regulations. All members must abide by them in the same manner that they must abide by Hockey Quebec and Hockey Canada rules and regulations.

3.02 SWEATERS

The home team will wear its dark colored jersey. The visiting team will bring the light sweater. Should both teams be on the ice with light jerseys, the home team must change to a dark colored jersey.

3.03 GOALTENDERS

In the event that one (1) of the two (2) goaltenders forgets his sweater, only the substitute will get permission to wear a different color of sweater. If the substitute has to replace the starting goaltender, they will have to exchange sweaters so that the new goaltender wears the same color as the rest of the team. In addition, a two (2) minutes minor penalty for delaying the game will be assessed.

The protective flap is compulsory for goalkeepers.

3.04 EQUIPMENT MODIFICATIONS

Any player found to have modified originally designed equipment approved by "C.S.A.", and/or B.N.Q. may not play with said equipment.

3.05 ZAMBONI

No one, including referees, is permitted on the ice until the Zamboni has left the ice and the exit doors are closed.

3.06 REFEREES NO SHOW – HOCKEY CANADA RULE

If through misadventure or sickness, the referee or linesmen appointed are prevented from appearing:

- A) The manager or coach of the receiving team should attempt to communicate with the regional scheduler or the organization referee in chief, in order to obtain officials for the game.
- B) The managers or coaches of the two competing clubs shall agree on a referee and one linesman.

If the regularly appointed officials appear during the progress of the game, they shall replace the temporary officials immediately.

- C) In the event that the managers or coaches of the two teams do not agree and the game is not played, the game will be re-scheduled.
- D) Considering A, B and C, if the coaches agree to play, the game will be considered legal.

3.07 REFEREES' ROOM

The referees' room is off limits to all team personnel, organization, or association. Any member who violates this rule will automatically receive a D99, in addition to any other applicable sanctions.

3.08 MINOR OFFICIALS' ACCREDITATION

Minor Hockey Associations have until the last course of the current year to accredit their minor officials (score keepers / timekeepers). Any unaccredited minor officials shall receive a fine of 10\$ per game. Information on the courses offered will be sent out early in the season through the regional representative.

4. EXHIBITION GAMES

4.01 REGIONAL, ORGANIZATION AND ASSOCIATION'S OFFICIAL

The officials will be available at the start of training camps.

Note: It is mandatory to use regional referees for every exhibition game, for **U18 AA-BB & Junior AA** levels.

All other categories must be covered by organization or association's referees.

4.02 OFFICIALS' FEES

It is mandatory to pay the referees cash before each exhibition game. Regular season official's fees are in effect for exhibition games.

4.03 BOOKING OFFICIALS (Procedure)

To book officials, games must be scheduled in UNI-Association. A minimum of seven (7) days delay is required. In the event that the delay is not respected, there will be no guarantee that referees will attend.

Note.: The availability of the regional referees is limited during pre-season. It is recommended to book early to get the services of the regional referees.

The single letter leagues representatives will advise their members of the procedures to follow when referees are requested.

5. COACHES

5.01 RESPONSIBILITY

The coach is responsible at all times for the action of his team on and off the ice and also for the application of Hockey Canada and Hockey Québec rules

5.02 ACCREDITATION

Minimum level of certification for a Head coach and Assistant coach (ref : Chapter 3 H.Q).

6. MEMBERS REGISTRATION

6.01 TEAM MEMBER

Before being eligible to participate in a team's activities, each individual must be duly registered with said team.

6.02 RESPONSIBILITY

It is the responsibility of the organization registrar to register all members under his/her jurisdiction.

6.03 PROCEDURE

Prior to a team's first regular season game, the organization registrar must have registered the members of the said team. All games played that does not respect this rule will be lost by default.

The database must be updated at the following dates;

December 1 st	Ref. H.Q. 5.3.3 b)	Reduction for Junior
January 10 th	Ref. H.Q. 5.8.3	Deadline for Release
January 15 th	Ref. H.Q. 5.6.5	Deadline for affiliated player
February 10 th	Ref. H.Q. 5.3.4	Deadline for new player

6.04 ELIGIBILITY OF MEMBERS

Upon request, the organization registrar must produce for the regional office, all necessary documents to prove a member's eligibility, and this within 48 hours.

Failing this, the team at fault will lose the game and further sanctions could be imposed ***like rules regarding eligibility and tampering as they are explained in administrative regulations manual of Hockey Québec under 2.3 article.***

6.05 RESTRICTIONS FOR JUNIOR TEAMS

Junior AA teams may register **17 years old** as regular players on the condition that these players were regular players with U18 AAA the previous season. A player who has played in (M18) AAA or has been selected by the Major Junior of Junior AAA will not be allowed to play in Junior single letter nor M18) single letter. (Ref. HQ 5.7.1).

Junior teams may register a maximum of four (4) 21 years old **as regular players only**. (Ref. 5.7.3 H.Q.)

In Junior AA, said players must have been registered on a Team Registration form and played at least five (5) games during the previous season in a Junior AA league, collegial league or come from a single-letter Junior league. At Junior A-B, these players must have played at least one (1) previous season in a junior single letter league. **Also, it is permitted to have a 21 years old affiliated player, condition that he replaces a 21 years old regular player.**

The rules concerning player residency in Hockey Quebec's chapter 5 must be respected at all time.

6.06 MINIMUM SIGNED PLAYERS (Ref. 5.3.2 HQ) (Does not apply during phase 6A)

Nom de l'équipe

78 Nom du gardien (G)

63 Nom du joueur

64 Nom du joueur

65 Nom du joueur

66 Nom du joueur

68 Nom du joueur

69 Nom du joueur

70 Nom du joueur

71 Nom du joueur

72 Nom du joueur

73 Nom du joueur

74 Nom du joueur

For **AA-BB** teams, a minimum of 13 players plus one or two goaltenders must be registered at all time on the team registration form with a said team. In order to count 13 players, a goaltender cannot be counted as part of the 13 players.

The minimum of regular players signed for single letter prior to the first game is nine (9) including the goaltender.

7. SCORE SHEET

75 Nom du joueur

76 Nom du joueur

77 Nom du joueur

7.01 GAME NUMBER, DATE AND TEAMS' NAME

The game number, the date and team's name, must be entered at the appropriate place by both teams.

7.02 PLAYER'S NAME AND NUMBER (Regional and single letter league)

All players present must have their first names, family names and numbers **fully** written on the score sheet. The use of a white computerized label is **mandatory** (Put one on each of the 5 score sheet copies). **A minor bench penalty (A-87) will be assessed to the team at fault at the beginning of the game.** Also, the head coach of the team at fault will be assessed a warning and at the 4th and subsequent warnings for failure to comply, the head coach will receive a one game suspension. The computerized label needs to be inscribed with the players' numbers listed in ascending order.

7.03 CAPTAIN AND ASSISTANTS

The captain and assistants must be indicated in the appropriate place on the score sheet and bearing letters (C or A).

7.04 AFFILIATE PLAYER

When a team uses an affiliated player for a game, it shall designate such a player by the use of the letters J.A. in the appropriate place on the score sheet until such time as such player has graduated. (Ref. 5.6.4 H. Q.)

To be inscribed: 24 John Doe J.A.

7.05 SUSPENDED MEMBER

The name and number of the suspended member must appear at the appropriate place on the score sheet and must be scratched from the label.

7.06 COACH'S SIGNATURE

Prior to each game, the head-coach for that game shall personally sign the league's official score sheet.

7.07 WHEN COMPLETING THE SCORE SHEET?

The teams must present their score sheet in a reasonable delay and give it to the scorekeeper.

The local team must supply the score sheet and the visiting team will fill in the official score sheet first.

Note: Du the Covid-19 pandemic, we suggest keeping the handling of the scoresheet to a minimum.

7.08 ELIGIBILITY

Any person acting in any capacity at the players' bench must be a member and his name and number shall appear on the score sheet prior to the beginning of the game. (Ref. 7.2.3 b H.Q.)

A maximum of five (5) members behind the bench is permitted, and one of them must have a valid security and safety card. (Ref. 3.6, H.Q.)

7.09 PARTICIPATING IN A GAME

A member is considered having taken part in a game when his name appears on the score sheet.

7.10 SUSPENSION FOLLOW-UP

The coach is responsible for registering in the top of the score sheet the name of any player who has served a suspension.

When the suspension is served in a tournament, the team leader must provide the league a copy of the score sheet clearly indicating that the suspension has been served in it.

The league will follow all the suspensions. It will ensure that they have been served by the rules and entered on the league website. It will keep track of all suspensions not served and it will ensure that they are served the following season (Carry over list).

8. GAME RUNNING (Does not apply during phase 6A)

8.01 LENGTH OF GAMES

U13 AA-BB, U15 AA-BB, U18 AA-BB and JUNIOR A-B

1 hour and 30 minutes

Three (3) minutes warm-up

2 periods of fifteen (15) minutes stop-time + 3rd period (see below).

U11 AA-BB AND SINGLE LETTER

1 hour

Two (2) minute warm-up.

2 periods with ten (10) minutes stop-time + 3rd period (see below).

3rd PERIOD

To determine the 3rd period length, the referee must take the available time, divides it by two (2), and adds five (5) minutes to this time.

Ex: It is 20:00 hours, the rental period ends at 20:30 hours, ice time remaining is thirty (30) minutes.

(30 minutes divided by 2) = 15 minutes
(15 minutes plus 5 minutes) = 20 minutes

Length of 3rd period is 20 minutes.

Ex: It is 20:00 hours, the rental period ends at 20:30 hours, ice time remaining is twenty (20) minutes.

(30 minutes divided by 2) = 15 minutes
(15 minutes plus 5 minutes) = 20 minutes
Length of 3rd period is 20 minutes stop-time.

8.02 WARM-UP

The warm-up period begins the moment the Zamboni doors are closed or at the appointed hour of the game.

8.03 HANDSHAKE

U11 to U13: Immediately at the end of the game, after they received the official's signal, both teams must shake hand. In accordance with the Ministry of public health guidelines, the handshake will be done with the gloves on.

U15 to Junior: before the game, after they received the official's signal, both teams must shake hand. In accordance with the Ministry of public health guidelines, the handshake will be done with the gloves on.

8.04 REST PERIOD

The referee may allow a rest period of one (1) minute between the periods if the ice time allows it.

8.05 END OF GAME

Prior to the start of the game, the referee shall consult the local team in order to confirm the time at which the game must end.

He shall advise the opposing team and they must put an end to the game, when the time allowed for ice is completed.

Arena staff and/or timekeeper can also end the game.

8.06 LEGAL GAME

Pee-Wee U13, Bantam U15 AA-BB, Midget U18 AA-BB and JUNIOR A-B

Two (2) periods of fifteen (15) minutes stop-time.

Atome U11 AA-BB

Two (2) periods of ten (10) minutes stop-time.

After investigation from the regional office or single letter leagues, for exceptional reasons a game can be declared legal and final even if two (2) periods weren't completed.

If the game is stopped before the end of the first period, the game will be entirely rescheduled, also after investigation from the leagues.

If the second period is not completed, only the remaining time of the second period will be played at another time, if possible before another game between the two teams involved, always after investigation from the leagues.

If there are no other games between the two teams, the regional office or the single letter leagues representative, depending on the standings impact, will decide if the game should be completed.

8.07 END OF GAME (players at bench)

At the end of the game, the players who are on the bench must remain there and the players on the ice must return immediately to their respective bench

The referee will consider the exits and shall decide which of the two teams will leave the ice first. No unsporting behavior will be tolerated.

8.08 GAME RESULT AND SCORESHEET – Regional leagues (Atom U11 to Midget U18 double letters, Junior A-B)

At the end of each game, *an official member of the local team* must update the final score of the game, *directly on the Spordle website* and before 10:00 am the next business day. Failing that, a fine of \$ 25.00 will be imposed on *to the team*. ***Reduced to 10.00\$ when entered in a maximum of 24 hours after the deadline prescribed above.***

In addition, after each game, the home team shall digitally send the scoresheet to jm.martel@hockeyisl.ca. The regional office must receive the scoresheet within five (5) calendar days following the game. It can be scanned or screenshotted (must be readable). The team that does not send in the game sheet is subject to a fine of \$ 25.00, this fine is reduced to \$ 10.00 if the sheet is received after the maximum period of 5 calendar days following the date of the game. Applies also to exhibition games when a suspension happens during said games. The original white copy of the scoresheet must be sent to the regional office before the end of the regular season.

8.09 TIME OUT

No time-out is permitted during the regular season.

8.10 SEVEN (7) GOAL SPREAD - Regional leagues

During the season, once a goal spread of seven (7) goals is attained after the second period, the rest of the game will be played with running time only starting at the face off, following the 7th goal.

Minor and major penalties will be timed.

Also, anytime during the game when a goal spread of seven (7) goals is reached, the timekeeper will stop posting the score on the board, as long as the difference of 7 goals is in effect.

8.11 NO SHOW TO A GAME – Regional leagues (Atom U11 to Midget U18 double letters, Junior A-B)

If a team does not show up for any scheduled game with enough players, it loses the game by default. (Does not apply during phase 6A)

When a team does not show up for any scheduled game, it loses the game by default and will be fine 200.00\$ (payable to the organization when the referees are provided by the organization).

8.12 MINIMUM NUMBER OF PLAYERS (Does not apply during phase 6A)

Double letters (10 + 1) (ref. 7.2.1 b H.Q.)

In order to start the game, a team must have a minimum of eleven (11) players dressed, including the goalkeeper.

Single letter (8 + 1) (ref. 7.2.1 a H.Q.)

In order to start the game, a team must have a minimum of nine (9) players dressed, including the goalkeeper.

8.13 LATE ARRIVAL FOR A GAME

- A) In the event that a team arrives late for a scheduled game, a delay of 10 minutes will be allowed to the team, after the warm-up. As stated in rule 8.01 HC
- B) In addition, a two minutes minor penalty for delaying the game will be assessed.

8.14 DELIBERATELY DELAYING THE GAME (Ref. 10.1 H.C.)

A penalty shot will be granted to the non-faulty team, if in the last two (2) minutes of ice time allowed a member deliberately delays the game in order to take advantage of this situation for his team.

In the event that a penalty shot is granted, and the arena employee (Zamboni) refuse to give the necessary time for the penalty shot, the referee will have to report the incident to the President of the League.

8.15 MOUTH GUARD (Ref. HQ 7.2.5 F)

The use of a mouth guard is optional for all levels.

8.16 GAME TIME LIMITS – Regional leagues (Atome U11 to Midget U18 AA-BB, Junior A-B)

Division	Horaire de match prévu (Vendredi et samedi)	Début du match (Vendredi et samedi)	Horaire de match sur semaine incluant dimanche	Début du match sur semaine incluant dimanche
M11 (Atome)	20 h 00	20 h 00	20 h 00	20 h 00
M13 (Pee-wee)	21 h 00	21 h 30	20 h 30	21 h 00
M15 (Bantam)	22 h 00	22 h 30	21 h 00	21 h 00
M18 (Midget)	22 h 00	22 h 30	21 h 30	22 h 00
Junior	23 h 00	23 h 30	22 h 30	23 h 00

Note: Any game to be schedule outside these time slots must absolutely be approved by both organizations concerned.

9. GAME CHANGE

9.01 GAME CANCELLATION – Regional leagues (Atom U11 to Midget U18 double letters, Junior A-B)

No games will be cancelled for exhibition games or cultural exchanges. Only the request of a team in tournament will be receivable. **The request must be sent to the ice scheduler of the opposing team at least one week before the beginning of the tournament. The game will be lost by default if the delay is not respected.** A date must be given to the other organization when making a game change request. **Any game outside these limits must be approved by both organizations involved.**

9.02 GAME CHANGE REQUEST – Regional leagues (Atom Midget U11 to U18 double letter, Junior A-B)

Only the president or ice scheduler may request the league to reschedule a game and this only due to uncontrollable circumstances. It shall be at the league's discretion to accept or reject this request. No game change coming directly from a team member will be accepted.

The organization request a game change must get the acceptance from the opposing organization and then inform the regional office with the new date (which shall be entered in UNI-Association). The reason of the change must be written in order to get the approval. The change will be in effect after the confirmation from the regional office.

If a game is not played because of an administrative error, the governor in fault has ten (10) business days to determine a new date or the game will be lost by default.

If a date cannot be found, the game will be put on the "to be reschedule list" (TBR). A game cannot remain on this list more than two weeks, failing which the offending team (local) will be given a fine of \$ 20 per day.

9.03 LEAGUES' DECISION

The league's decision is final in the re-scheduling of games. All efforts should be made to find a convenient date for the rescheduling of cancelled games which will be acceptable to both teams.

9.04 DEADLINE TO RESCHEDULE

The team requesting the cancellation of the game runs the risk of forfeiture of that game, in the event the game cannot be rescheduled before the end of the regular season.

9.05 TOURNAMENTS ON SAME DATES (ref. HQ 9.9.3)

A team cannot register for two tournaments that are held on the same dates but can register to tournaments which calendars overlap. In this case the team must inform the concerned two tournaments at least thirty days before the start of these tournaments nor discontinue any of these tournaments, failing which, the team will lose one of the tournament permit when the situation has an impact in a tournament held on the territory of Hockey Lac St-Louis.

10. FINAL STANDING

10.01 TOTAL OF POINTS

The team with the most points will finish in first place followed in descending order of points by the other teams.

10.02 TIE BREAKER (Ref. H.Q. 9.8)

Should a tie occur between numbers of teams, the standings will be determined by the criteria listed in article 9.8 HQ.

11. CHAMPIONSHIPS AND TOURNAMENTS

11.01 THE REGIONALS

No game changes will be allowed during the Regional Championships. For all the regulations specific to the Regional Championships, see the Regional Championship rule book.

11.02 THE PROVINCIALS

Pee-Wee U13 to Bantam U15 AA-BB, Midget U18 AA-BB, Junior AA and A-B Féminin

The winner of the Regional Championships will represent the Lac St-Louis region at the Provincial Championships. When a second team is required at a level, the finalist of the regional will be that second team.

Pee-Wee U13 and Bantam U15 AAA - AAA-R

The Lac St. Louis Region will be represented at the Provincial Championships, by each and every team of both integrated structures of these two divisions.

11.03 NUMBER OF PERMITTED TOURNAMENTS (Atom U11 to Midget U18 double letters, Junior AA-A-B)

For all teams of all categories participating in the regional leagues, a maximum of three (3) tournaments is permitted.

11.04 DEADLINE TO PARTICIPATE IN A TOURNAMENT

No double letter or Girls teams can participate in a tournament during Regional Championships. Failing to this rule, the team will be automatically expelled from the Regional Championships.

Note: The games already played won't be affected by this rule. (For the single letter teams, Junior A-B and Girls teams), no game changes will be allowed during the regional championships.

12. DISCIPLINE

12.01 SANCTIONS CHART

The sanctions chart is a resume of Lac St-Louis Region discipline code. The discipline code will apply for all games.

All suspensions indicated on this chart are **automatic and without appeal**.

12.02 - 3 STICK PENALTIES and HEAD CONTACT (Ref. 4.2e H.C. and 6.5 HC)

Any player incurring a total of three (3) or more stick infraction or head contact penalties during the same game shall be ejected from the game. Stick infraction penalties are considered to be high sticking, cross-checking, slashing, spearing and butt-ending.

12.03 GOALTENDER (Ejection)

In the event there is no substitute goaltender to replace the regular goaltender who has been ejected from the game for a game misconduct, gross misconduct or (3) penalties **15 minutes will be allowed** to dress an alternate goaltender. (H.C.: 4.11b.)

Note: Goaltender's minimum requirements for equipment: an approved face mask, rigid throat protector (in addition to B.N.Q. neck protector) and a goalie stick. **The goaltender pads are mandatory for Pee-Wee to Junior.** (H.C. 2.6 C.)

12.04 COACH'S SUSPENSION

After inquiry, any coach under suspension or who has just been expelled from a game tries to influence the game in any manner from the stands will receive an additional three (3) game suspension for doing so. Penalties may be assessed at

any time before, during and after the game, when an offence is committed. (Rule 4.1b H.C).

12.05 DISCIPLINE REPORT

When a team plays a game outside of the region, it is obliged to submit to the league within 48 hours following the completion of the game, the "discipline report" form in all cases where:

- A) A team member serves a game suspension.
- B) A team member receives a suspension.

When the suspension is served during a game played in a tournament, the team must provide the league with a copy of the score sheet clearly indicating that the suspension has been served in it. Failure to send score sheet within 10 days of end of tournament, the team will be assessed a \$25 fine.

12.06 DISCIPLINE COMITEE

Reference - chapter 11 of Hockey Québec

Any person appearing before a Disciplinary Committee may be accompanied by someone of his choice; he has no right to speak. As for minor aged player, it must also be accompanied by a parent or legal guardian and will be entitled to speak.

12.07 SANCTION NOTICES

For any game with sanctions, the sanction notice will be posted online. It is the responsibility of the coach to forward this information to his/her players concerned. The delay for appeal starts on the day the sanction is posted on the website.

For any sanction exceeding **five (5)** games, the sanction notice will also be sent, by e-mail to the President of the concerned MHA. The date for the delay of appeal will be the date the registered mail was received.

Updated August 26th, 2021