



2025-2026 TABLE OF AGES

AGE	For the 2025/2026 season, a player born between January 1 st and December 31 of a given year is eligible to play in the division corresponding to his age	DIVISION
21 years old and over	2004 and earlier	Adult and Senior
21 years old	2004	Junior ^②
20 years old	2005	
19 years old	2006	
18 years old	2007	
17 years old	2008	
16 years old	2009	U18 including U18 AAA U17 AAA (2009 and 2010) ^③
15 years old	2010	
14 years old	2011	
13 years old	2012	U15
12 years old	2013	U13
11 years old	2014	
10 years old	2015	U11
9 years old	2016	
8 years old	2017	U9
7 years old	2018	
6 years old	2019	U7 ^①
5 years old	2020	
4 years old	2021	

① Any organization may register 4-year-old players born the U7 division.

② Hockey Quebec may grant permission to Junior league teams to register up to a maximum of six (6) players aged 21 as of December 31 of the current season.

③ The number of 16-year old (2009) players is limited. (Refer to Cahier de charge U17 AAA).